



Toucan © Cruise West

COSTA RICA

Positioned between two continents, Costa Rica is home to more species of wildlife than any other place on earth: scarlet macaws, sea turtles, colourful fish, butterflies, monkeys and sloths to name a few. Active volcanoes tower above impenetrable jungle and the pristine seas are perfect for snorkelling.

TORTUGUERO NATIONAL PARK

3 days/2 nights
Departs daily ex San Jose

Tour cost per person:*	Twin	Single
16 Apr-31 May & 01 Sep-31 Oct		
Manatus Hotel	\$537	\$575
Pachira Lodge	\$327	\$365
Mawamba Lodge	\$304	\$364

*Prices outside these date ranges on request.

Price per person includes: Return scheduled road and boat transfers San Jose to Tortuguero, 2 nights at selected lodge in Tortuguero, all meals, sightseeing as per itinerary including entrance fees and local English speaking guide.

The canals and rivers of Tortuguero National Park offer an amazing insight into the rainforest, freshwater and marine biology of this area. Access is by boat or small aircraft and accommodation is in small lodges. The Atlantic green turtle can be seen between July and October.

Day 1 Tortuguero

Early transfer by road through Braulio Carrillo National Park and then take a boat through the canals of Tortuguero. In the afternoon take a walking tour of the town of Tortuguero with your guide. BLD

Day 2 Tortuguero

Enjoy a morning excursion by boat visiting the network of scenic waterways within the national park. In the afternoon hike into the park with a naturalist guide providing information on the exotic fauna, flora and wildlife of the area. BLD

Day 3 Tour ends

Morning is at leisure. Board a boat for a scenic ride to Cano Blanco Port and onto Guapiles for lunch before returning to San Jose. Tour ends. BL

ARENAL & MONTEVERDE

5 days/4 nights
Departs daily ex San Jose

Tour cost per person from:*	Twin	Single
05 Jan-12 Feb, 21 Feb-23 Mar, 05-30 Apr & 01 Jul-31 Aug		

Option A: Tabacon Grand Spa (Arenal)/ Hotel Fonda Vela (Monteverde) \$1276 \$1812

Option B: Hotel Arenal Nayara (Arenal)/ Hotel Monteverde Lodge (Monteverde) \$1239 \$1751

Option C: Hotel Lost Iguana (Arenal)/ Hotel el Establo (Monteverde) \$1173 \$1624

*Prices outside these date ranges on request.

Price per person includes: Private road transfer San Jose-Arenal/Monteverde-San Jose, lakes crossing Arenal to Monteverde, 4 nights at selected hotels with breakfast, sightseeing as per itinerary including entrance fees.

Sights not to be missed on your visit to Costa Rica are the active Arenal Volcano and Monteverde Cloud Forest. Monteverde has a diverse variety of wildlife in a rich tropical cloud forest.

Day 1 Arenal

Transfer from San Jose to Arenal. Enjoy an afternoon hike to Arenal Volcano and time to soak in the thermal mineral pools at Tabacon Hot Springs. Overnight at hotel in Arenal. D

Day 2 Arenal

Day at leisure to enjoy the many optional activities offered. Overnight at hotel in Arenal. B

Days 3/4 Monteverde

Travel by boat across the lake from Arenal to Monteverde. Afternoon guided walk along the Sky Walk hanging bridges. Day 4 at leisure to enjoy optional activities. Overnight in Monteverde. B

Day 5 Tour ends

Transfer by road to San Jose. Tour ends. B



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Smouldering Arenal Volcano

OSA PENINSULA

4 days/3 nights

Departs daily ex San Jose

Tour cost per person:*	Twin	Single
01 May-15 Sep		
Casa Corcovado	\$1273	\$1447
Aguila de Osa	\$1276	\$1426

*Prices outside this date range on request.

Price per person includes: Return private transfer San Jose hotel to airport, return flight San Jose to Osa Peninsula, 3 nights lodge, all meals, and local touring with English speaking guide.

Osa Peninsula is a nature lover's paradise with an array of secluded beaches and cascading waterfalls. A naturalist guide will accompany you as you hike through wildlife-rich rainforest.

Days 1-3 Osa Peninsula

Transfer from San Jose hotel to airport. Fly to Osa Peninsula, on arrival you will be met and transferred by road or boat to your lodge. Spend 2 days enjoying guided hikes through pristine rainforest, home to more than 400 species of birds and 100 species of amphibians and mammals. Overnight at lodge. LD, BLD

Day 4 Tour ends

Transfer by road or boat to the airport. Fly to San Jose. Tour ends. B



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Colourful Red-Eye Tree Frog

BETWEEN TWO SEAS



From pristine rainforests and serene unspoiled islands to the engineering marvels of the Panama Canal, this 10 day cruise is a voyage of wonders. You'll meet local people, go snorkelling, kayaking and visit tropical gardens and wildlife reserves accessible only by small ship. Cruise West is a renowned small ship specialist which focuses on personalised, close-up cruising. The 100 guest Pacific Explorer is staffed by knowledgeable, English-speaking Costa Ricans, with an American Exploration Leader. All cabins feature picture windows, air-conditioning, teak beds, private baths and showers. Please contact us for further details.