



Monks leaving the main hall of Punakha Dzong © David Kneale

SPIRIT OF BHUTAN

8 days/7 nights
Hotels/Guesthouses
Departs Wed, Sat & Sun
Ex Bangkok

Price per person twin* ^A	Cat A	Cat B
Sep-Nov 2009	\$7889	\$3767
Dec 2009	\$7632	\$3767
Jan & Jun-Jul 2010	\$7050	\$3554
Feb & Aug 2010	\$7210	\$3767
Mar-May 2010	\$7538	\$3767

*Minimum two people. Single travellers prices on request.

Note: Airfares to/from Paro subject to change with Druk Air.

A Uma Paro, Taj Tashi Thimphu, Amankora Punakha resorts.

B Standard range of accommodations.

Price per person includes: Airfare Bangkok/Paro return including taxes, Bhutan visa fee, accommodation, all meals, excursions, transfers by air-conditioned private vehicle, services of a local English speaking guide, 1 bottle of water per person per day for all surface travel.

Price excludes: Airfares Australia - Bangkok return and accommodation in Bangkok.

Discover the uniquely preserved culture and natural beauty of the kingdom of Bhutan. Touring the western valleys we visit historic fortresses (Dzong) and ancient monasteries and temples, set against a dramatic Himalayan backdrop.

Day 1 Thimphu

Early flight to Paro. Visit Ta Dzong Museum, 17th century Rimping Dzong and the cantilever wooden bridge. Transfer to Thimphu (2 hrs). LD

Days 2/3 Thimphu

Enjoy a sightseeing tour of Thimphu, capital of Bhutan including 12th century Changangkha Temple, the National Memorial Chorten, Zilukha Nunnery, Semtokha Dzong, built in 1627 and Tashichhodzong. On day 3 hike (45 min) to Tango Monastery, one of the most ancient monasteries in the Thimphu region. In the afternoon visit the Bhutanese School for Arts and Painting, the Folk Heritage Museum and The National Library. BLD

Days 4/5 Punakha

Drive to sub-tropical Punakha (3 hrs) via the Dochula Pass (3,050m) with its amazing views. Afternoon visit to the imposing Punakha Dzong, built in 1637. On day 5 visit Chimi Lhakhang – temple of the 'Divine Madman' followed by a hike to Khamsum Yuelley Namgyal Chorten with its complex Nyingmapa iconography. BLD

Day 6 Paro

We visit the busy market town of Wangdue and Wangduephodrang Dzong, before returning to Paro. Late afternoon free to explore. BLD

Day 7 Paro

Morning walk (1.5 hrs) up to the viewing point 100m below the famous Taksang Monastery (Tiger's Nest), perched on a rocky ledge above a 900m drop. Later we visit the historic ruins of the Drukgyel Dzong, and the 7th century Kyichu Temple. BLD

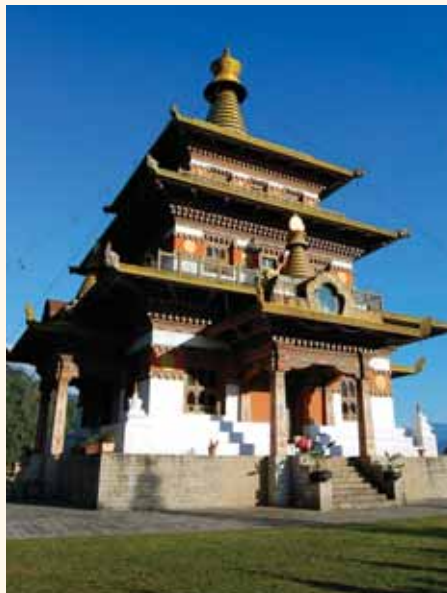
Day 8 Tour ends Bangkok

Early morning transfer to airport for flight to Bangkok. Tour ends. B



© Stephen Cameron

Wall painting, Punakha Dzong



© Bhutan DOT

Khamsum Yuelley Namgyal Chorten, Punakha



© David Kneale

Prayer wheels at the 15th century Changangkha temple

GATEWAY TO BHUTAN

7 days/6 nights

Hotels/Guesthouses
Departs Mon, Wed, Thu, Sat & Sun
Ex Siliguri or Bagdogra

Price per person twin* ^A	Cat A	Cat B
Sep-Nov 2009	\$5316	\$2812
Dec 2009	\$5145	\$2812
Jan & Jun-Jul 2010	\$4761	\$2628
Feb & Aug 2010	\$4898	\$2812
Mar-May 2010	\$5140	\$2812

*Minimum two people. Single travellers prices on request.

^AAirfare from Paro subject to change with Druk Air.

A Uma Paro, Taj Tashi Thimphu, Amankora Punakha resorts.

B Standard range of accommodations.

Price per person includes: One way economy class airfare leaving Bhutan with Druk Airlines to Bangkok including taxes, Bhutan visa fee, accommodation, all meals, excursions, transfers by air-conditioned private vehicle, services of a local English speaking guide, 1 bottle of water per person per day for all surface travel.

Price excludes: Airfares Australia - Bangkok return and accommodation in Bangkok.

This tour is ideal for those wishing to enter Bhutan from the Indian state of Western Bengal via Phuentsholing. Enjoy the breathtaking views of the Himalayan foothills en route to Thimphu, followed by visits to Punakha, Wangdue and Paro.

Day 1 Phuentsholing

A representative will meet you on arrival at either Siliguri or Bagdogra airport in the Indian state of West Bengal. Travel by road (approx 3 hrs) through lush green tea fields to Phuentsholing, the gateway to Bhutan, for dinner and overnight. LD



© Stephen Cameron

Gateway to Bhutan, Phuentsholing



© David Kneate

The Ta Dzong (National Museum) overlooking the Rimping Dzong in Paro

Day 2 Thimphu

Drive to Thimphu, capital of Bhutan (6-7 hrs), stopping to appreciate the view of the Indian plains, mountain jungle and alpine forests. We also stop at the beautiful Kharbandi Gumpa. On entering the Thimphu Valley we visit the 17th century Semtokha Dzong, the oldest fortress in the kingdom. Afternoon free to explore. BLD

Day 3 Thimphu

Full day sightseeing tour of Thimphu including the Bhutanese School for Arts and Painting, the Folk Heritage Museum, The National Library housing ancient Buddhist scripts, the Memorial Chorten, Tashichhodzong, Changangkha Temple and the Zilukha Nunnery. BLD

Day 4 Punakha

Drive to Punakha (3 hrs) crossing the Dochula Pass (3,050m), offering great views of Bhutan's high peaks and lush valleys. Afternoon visit to the imposing 17th century Punakha Dzong and Chimi Lhakhang – temple of the 'Divine Madman'. BLD

Day 5 Paro

Visit the busy market town of Wangdue and Wangduephodrang Dzong, before returning to Paro. Afternoon free to explore. BLD

Day 6 Paro

Morning visit to the Ta Dzong Museum and Rimping Dzong built in 1645. After lunch, walk 1.5hrs up to the viewing point below the famous Taktsang Monastery (Tiger's Nest), perched on a rocky ledge above a 900m drop. BLD

Day 7 Tour ends

Early morning transfer to airport for your onward flight. Tour ends. B

DESIGN YOUR OWN TOUR

Tours featured in this brochure are just a sample of what is available in Bhutan. We can easily design an itinerary tailored to suit your individual travel requirements. Natural Focus Safaris also customise special interest tours including bird watching, mountain biking, village walking, wellbeing programs, photography and buddhist pilgrimages.

For further information please email info@awsnfs.com, phone us on (03) 9249 3777 or 1300 363 302 (local call cost), or ask your travel agent.

DRAGON KINGDOM

11 days/10 nights
Hotels/Guesthouses
Departs Wed, Sat & Sun
Ex Bangkok

Price per person twin* ^A	Cat A	Cat B
Sep-Nov 2009	\$12532	\$4820
Dec 2009	\$12275	\$4820
Jan & Jun-Jul 2010	\$11099	\$4514
Feb & Aug 2010	\$11327	\$4820
Mar-May 2010	\$11655	\$4820

*Minimum two people. Single travellers prices on request.

Note: Airfares to/from Paro subject to change with Druk Air.

A Uma Paro, Taj Tashi Thimphu, Amankora Punakha, Gangtey & Bumthang resorts.

B Standard range of accommodations.

Price per person includes: Airfare Bangkok/Paro return including taxes, Bhutan visa fee, accommodation, all meals, excursions, transfers by air-conditioned private vehicle, services of a local English speaking guide, 1 bottle of water per person per day for all surface travel.

Price excludes: Airfares Australia - Bangkok return and accommodation in Bangkok.

Discover 'The Dragon Kingdom' on this in-depth, 11 day tour offering an insight into the ancient way of life that still thrives in Bhutan today. As well as the beautiful western valleys, this tour also explores Bhutan's spiritual central valleys. The best time to do this tour is between Nov - late March when the black-necked cranes are in Phobjikha.

Day 1 Thimphu

Early flight to Paro. Visit the Ta Dzong Museum and the 17th century Rimping Dzong before driving onto Bhutan's capital, Thimphu (2 hrs). LD

Days 2/3 Thimphu

Explore the highlights of Thimphu including the National Library featuring ancient Buddhist scripts, Memorial Chorten, the Bhutanese School for Arts and Painting, Tashichhodzong, 12th century Changangkha Temple and the Zilukha nunnery. On day 3 enjoy a hike (45 min) to Tango Monastery. BLD

Days 4/5 Punakha

Drive to Punakha (3 hrs) across the spectacular Dochula Pass (3,050m) to the Punakha Dzong, built in 1637. Next day visit Chimi Lhakhang and take a short hike to Khamsum Yuelley Namgyal Chorten with its incredible Valley views. BLD

Days 6/7 Bumthang

Early departure for Bumthang (8 hrs), the spiritual heartland of Bhutan, stopping at the Wangdue and the Trongsa Dzong. Next day explore the surrounding hills with their ancient monasteries and sacred Buddhist sites, such as Kurje Lhakhang, containing a rock imprint of Guru Rimpoche's body, the 7th century Jambay Lhakhang and Tamshing Monastery, featuring some of Bhutan's oldest wall paintings. BLD

Day 8 Gangtey

Depart for Gangtey (6 hrs), home of the historic 17th century Gangtey Goempa Monastery. BLD

Day 9 Paro

Visit the Phobjikha Sanctuary, famous for its endangered black-necked cranes which migrate here from Nov - Mar. Explore the village of Gangtey before returning to Paro. BLD

Day 10 Paro

Walk (1.5 hrs) up to the Taktsang Monastery (Tiger's Nest), perched on a rocky ledge over a 900m drop, visit the ruins of the Drukgyel Dzong, and Kyichu Temple. BLD

Day 11 Tour ends Bangkok

Early morning transfer to airport for flight to Bangkok. Tour ends. B



© David Kneate

Bhutan's national sport, archery



Spectacular Punakha Dzong © Stephen Cameron

THE LAST SHANGRI-LA

14 days/13 nights
Hotels/Guesthouses
Departs Wed, Sat & Sun
Ex Bangkok

Price per person twin* ^A	Cat A	Cat B
Sep-Nov 2009	\$15034	\$5873
Dec 2009	\$14777	\$5873
Jan & Jun-Jul 2010	\$13322	\$5476
Feb & Aug 2010	\$13619	\$5873
Mar-May 2010	\$13982	\$5873

*Minimum two people. Single travellers prices on request.

^AAirfares to/from Paro subject to change with Druk Air.

A Uma Paro, Taj Tashi Thimphu, Amankora Punakha, Bumthang & Gangtey resorts.

B Standard range of accommodations.

Price per person includes: Airfare Bangkok-Paro return including taxes, Bhutan visa fee, accommodation, all meals, excursions, transfers by air-conditioned private vehicle, services of a local English speaking guide, 1 bottle of water per person per day for all surface travel.

Price excludes: Airfares Australia - Bangkok return and accommodation in Bangkok.

Take the ultimate journey to the last unspoiled Himalayan Kingdom of Bhutan. This breathtaking tour will explore Bhutan's western valleys of Paro, Thimphu and Punakha, and the spiritual central valleys of Bumthang and Phobjikha where the majestic and rare Black-Necked Cranes will be roosting for the winter. The leisurely pace of this journey will allow you to really savour Bhutan's ancient culture and stunning scenery.

Day 1 Paro

Early morning flight to Paro. After lunch, visit Ta Dzong Museum offering a great orientation into Bhutan's history and culture, the impressive 17th century Rimping Dzong and the beautiful cantilever wooden bridge. BLD



School children, Thimphu

Days 2-4 Thimphu

Drive to Thimphu (2 hrs), Bhutan's capital. Explore the highlights of Thimphu, including the National Memorial Chorten, Folk Heritage Museum, the National Library containing ancient Buddhist scripts, the Bhutanese School for Arts and Painting, Tashichhodzong, 12th century Changangkha temple and the Zilukha nunnery. On day 4 enjoy a hike (45 min) to Tango Monastery with stunning valley views. BLD



© David Kneate

Pilgrim at the National Memorial Chorten

Day 5 Gangtey/Phobjikha Valley

Drive to the Phobjikha Valley (6-7 hrs), winter home of the Black Necked Cranes (Nov-Mar). Although the drive is long, there is plenty to see along the way including the spectacular Dochula Pass (3050m) with stunning Himalayan views, temperate forests, the semi-tropical Punakha valley, and the market town of Wangdue. BLD

Day 6 Trongsa

Spend the morning viewing the Black-Necked Cranes before visiting 17th century Gangtey Goempa Monastery. Continue on to visit the 18th century Chendibji Chorten before reaching Trongsa, the ancestral home of the ruling dynasty. Visit the Trongsa Dzong and Ta Dzong, housing historical artefacts of the royal family. BLD

Days 7-9 Bumthang

Drive to Bhutan's spiritual heartland, the Bumthang Valley (2.5 hrs) through lush valleys, forests and stunning mountain passes. Explore the highlights of this sacred valley including Jakar Dzong, Kurje Lhakhang containing a rock imprint of Guru Rimpoche's body, Jambay Lhakhang, one of the two oldest temples in the kingdom, Tamshing Lhakhang containing ancient Buddhist

wall paintings and Wangdichholing Palace - the first palace built in Bhutan. On day 9 enjoy a day hike to Ugyenchholing Palace, a beautiful private mansion housing a small eco-museum and visit the sacred Mebar Tso Lake. BLD

Days 10/11 Punakha

Drive to Punakha (8 hrs) stopping for a picnic lunch on a picturesque riverside. Next day tour of the 17th century Punakha Dzong. The three story main temple of the Punakha Dzong is breathtaking with four intricately embossed entrance pillars crafted from cypress and decorated in gold and silver. BLD



© David Kneate

Solitary Monk

Day 12 Paro

Visit Chimi Lhakhang - temple of the 'Divine Madman' before a walk through farmland up to Khamsum Yuelley Namgyal Chorten. Afterwards, drive to Paro with lunch en-route. BLD

Day 13 Paro

Walk 1.5 hrs up to the viewing point below the famous Taksang Monastery (Tiger's Nest) perched on a rocky ledge. Visit Drukgyel Dzong, built to commemorate Bhutan's victory against invading Tibetans in 1644. In fine weather the towering peak of the sacred Mount Jomolhari (7314m) can be viewed. Also visit 7th Century Kyichu Temple, one of the oldest in Bhutan. BLD

Day 14 Tour ends Bangkok

Early morning transfer to airport for flight to Bangkok. Tour ends. B

ROYAL HERITAGE TOUR

12 days/11 nights
Hotels/Guesthouses
Departs Wed, Sat & Sun
Ex Bangkok

Price per person twin* ^A	Cat A	Cat B
Sep-Nov 2009	\$11625	\$5171
Dec 2009	\$11368	\$5171
Jan & Jun-Jul 2010	\$10344	\$4835
Feb & Aug 2010	\$10596	\$5171
Mar-May 2010	\$10924	\$5171

*Minimum two people. Single travellers prices on request.

^AAirfares to/from Paro subject to change with Druk Air.

A Uma Paro, Taj Tashi Thimphu, Amankora Punakha, Bumthang & Gangtey resorts.

B Standard range of accommodations.

Price per person includes: Airfare Bangkok/Paro return including taxes, Bhutan visa fee, accommodation, all meals, excursions, transfers by air-conditioned private vehicle, services of a local English speaking guide, 1 bottle of water per person per day for all surface travel.

Price excludes: Airfares Australia - Bangkok return and accommodation in Bangkok.

Enjoy a unique insight into the history of Bhutan's royal family on this remarkable Royal Heritage Tour. Visit significant sites across Bhutan, from Paro to the Bumthang Valley, including giant fortresses, royal palaces, museums as well as other architectural monuments such as temples, monasteries and stupas.

Day 1 Thimphu

Early flight to Paro. Visit the Ta Dzong Museum and the 17th century Rimpong Dzong before driving onto Bhutan's capital, Thimphu (2 hrs). LD

Days 2/3 Thimphu

Explore the highlights of Thimphu including the National Library featuring ancient Buddhist scripts, Memorial Chorten, the Bhutanese School for Arts and Painting, Tashichhodzong and the Zilukha nunnery. On day 3 enjoy a hike (45 min) to Tango Monastery with stunning valley views. BLD

Day 4 Punakha

After breakfast, drive to Punakha (3 hrs) across the spectacular Dochula Pass (3,050m). Visit the imposing 17th century Punakha Dzong and Chimi Lhakhang, the temple of the 'Divine Madman'. BLD

© David Kneale



Young monks practicing buddhist horns

Days 5/6 Trongsa

Early departure for Trongsa (5 hrs) via the 18th century Chendibji Chorten. In Trongsa, visit one of the most impressive monuments in Bhutan, the Trongsa Dzong built in 1543. This is the ancestral home of Bhutan's ruling dynasty and where the institution of monarchy began. Next day, explore the sites of this historical region including Kuenga Rabten Palace, Yurungchholing Palace, and Thrupeang Palace. BLD

Days 7/8 Bumthang

Depart for Bumthang (2.5 hrs), the spiritual heartland of Bhutan. Spend the next 2 days exploring this beautiful valley with its ancient monasteries, sacred Buddhist sites and royal palaces including Domkhar Tashichholing and Tang Ugyen Chholing. Other highlights include Kurje Lhakhang, containing a rock imprint of Guru Rimpoche's body, the 7th century Jambay Lhakhang and Tamshing Monastery. BLD

Day 9 Punakha

Drive to Punakha (8 hrs). Evening at leisure. BLD

Day 10 Paro

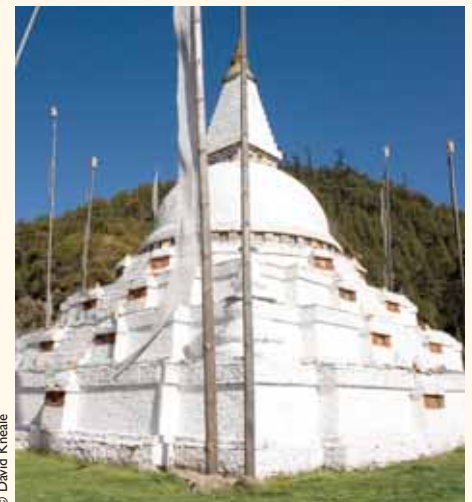
Enjoy a short hike through ricefields to Khamsum Yuelley Namgyal Chorten with its incredible views of Punakha Valley before departing for Paro. Visit 17th century Semtokha Dzong and stop at Thimphu for lunch en route. BLD

Day 11 Paro

Walk (1.5 hrs) up to the Taktsang Monastery (Tiger's Nest), perched on a rocky ledge over a 900m drop, visit the ruins of the Drukgyel Dzong, and the 7th century Kyichu Temple. BLD

Day 12 Tour ends Bangkok

Early morning transfer to airport for flight to Bangkok. Tour ends. B



© David Kneale

Chendibji Chorten





COMO Shambhala Retreat at Uma Paro is Bhutan's first significant holistic health spa. The Retreat's inspiring location overlooking the stunning Paro Valley makes it the perfect location to better physical and mental equilibrium by way of sophisticated, bespoke treatments, including massage and Ayurveda. COMO Shambhala also makes extensive use of natural ingredients and age-old remedies, working with Bhutan's hospital of Traditional Medicine.

Facilities include four in-house treatment rooms, two in the Hot Stone Bath house and a private treatment room in each one of Uma Paro's nine villas, separate male and female steam rooms, a hot stone bath house and 46 square metre indoor pool with outdoor sundeck. There is also a gym, and a yoga studio with unbeatable views including a pine forest, villages, fields and rivers set into a mountainous enclave.

The spa is located in the Uma Paro hotel which is a 29-room hotel offering five-star comfort and singular style in the wildly beautiful Himalayan Kingdom of Bhutan. Dedicated to Uma's understated philosophy of quiet comfort in inspiring, culture-rich locations the inland retreat is also a place for adventure, where the landscape and people won't fail to uplift you. For further information please email info@awsnfs.com, phone us on (03) 9249 3777 or 1300 363 302 (local call cost), or ask your travel agent.





Beautiful Punakha © David Kneale

JOURNEY ACROSS BHUTAN

15 days/14 nights
Hotels/Guesthouses
Departs Wednesdays
Ex Bangkok

Price per person twin* ^A	Cat A	Cat B
Sep-Nov 2009	\$13380	\$6207
Dec 2009	\$13209	\$6207
Jan & Jun-Jul 2010	\$11940	\$5781
Feb & Aug 2010	\$12261	\$6207
Mar-May 2010	\$12503	\$6207

*Minimum two people. Single travellers prices on request.

^AAirfares to Paro subject to change with Druk Air.

A Uma Paro, Taj Tashi Thimphu, Amankora Punakha, Bumthang & Gangtey resorts.

B Standard range of accommodations.

Price per person includes: Airfare Bangkok-Paro and Guwahati-Bangkok including taxes, Bhutan visa fee, accommodation, all meals, excursions, transfers by air-conditioned private vehicle, services of a local English speaking guide, 1 bottle of water per person per day for all surface travel.

Price excludes: Airfares Australia - Bangkok return and accommodation in Bangkok.

This unique tour is designed for the enthusiastic traveler who wants to gain a deeper insight into Bhutan's culture and its landscapes. It begins in the gentle valleys of the west and journeys across spiritual central Bhutan before exploring the historical towns of Mongar and Trashigang in the rugged east.

Day 1 Paro

Early morning flight to Paro. After lunch, visit the Ta Dzong Museum, Rimping Dzong built in 1645 and the cantilever wooden bridge. LD

Day 2 Paro

Walk 1.5 hrs up to the viewing point below Taktsang Monastery (Tiger's Nest), perched on a rocky ledge above a 900m drop. Visit the ruins of the Drukgyel Dzong and Kyichu Temple. BLD

Days 3/4 Thimphu

Drive to Thimphu (2 hrs) via 17th century Semtokha Dzong, the oldest fortress in the kingdom. Explore the highlights of Thimphu, including the National Memorial Chorten, Folk Heritage Museum, the National Library containing ancient Buddhist scripts, Changangkha temple and Zilukha nunnery and Tashichhodzong. BLD



© Stephen Cameron

Kyichu Lhakhang, Paro

Days 5/6 Punakha

Drive to Punakha (3 hrs) across the spectacular Dochula Pass (3050m). Clear weather reveals views of the Himalayas. Afternoon tour of the imposing Punakha Dzong. On day 6 visit Chimi Lhakhang— temple of the 'Divine Madman' and enjoy a walk through farmland up to beautiful Khamsum Yuelley Namgyal Chorten. BLD

Day 7 Gangtey/Phobjikha

Morning departure for the market town of Wangdue before continuing on to Gangtey. This beautiful valley is the home of the historic 17th century Gangtey Goempa Monastery and Phobjikha Sanctuary, famous for its endangered black-necked cranes which arrive here in November and stay until March. BLD



© David Kneale

Bhutanese pilgrim in Gho

Day 8 Trongsa

Drive to Trongsa via the 18th century Chendibji Chorten. In Trongsa, the ancestral home of the ruling dynasty, visit Trongsa Dzong, one of the most impressive monuments in Bhutan built in 1543. Afterwards explore Ta Dzong museum housing historical artefacts of the royal family and a range of traditional armour. BLD

Days 9/10 Bumthang

Depart for Bumthang (3 hrs), the spiritual heartland of Bhutan. Spend the next two days exploring the surrounding hills and valleys with their ancient monasteries and sacred Buddhist sites. Highlights include Kurje Lhakhang, containing a rock imprint of Guru Rimpoche's body, Jambay Lhakhang (7th century) and Tamshing Monastery. BLD

Day 11 Mongar

The journey continues eastwards to Mongar (6 hrs) over the Thimshing-La Pass (4,000m). From here, the road gradually descends through an alpine valley with wonderful views before the vegetation changes to subtropical. Ascend again through pine forests, maize fields and eastern hamlets to reach the town of Mongar. BLD



© David Kneale

Rural mother and child

Days 12/13 Trashigang

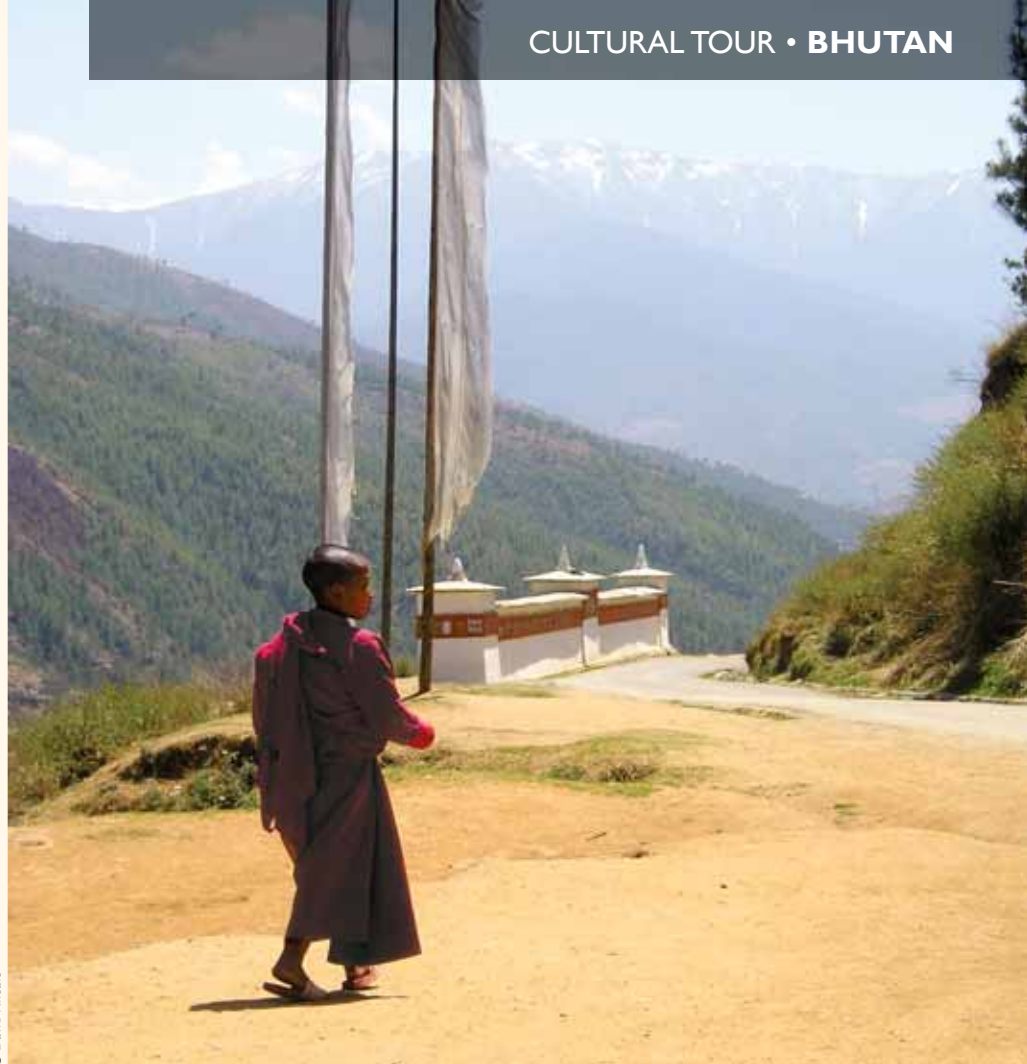
Drive to the far eastern township of Trashigang (3 hrs). Highlights include the Trashigang Dzong and the temple of Gom Kora. Visit the Doksum village to meet women busily weaving traditional Bhutanese fabric. On day 13 visit Trashiyangtse Dzong. In former times Trashiyangtse was important trading town servicing the route between western and central Bhutan. BLD

Day 14 Samdrup Jongkhar

Drive to the south-east border town of Samdrup Jongkhar (6 hrs). Afternoon at leisure. BLD

Day 15 Tour ends Bangkok

Transfer to Guwahati Airport for flight to Bangkok. Tour ends. B



© David Kneale

An unforgettable view



© David Kneale

Ta Dzong Museum, Paro



© Stephen Cameron

Taksang Monastery

ADVENTURE TOURS

Bhutan provides the perfect destination for a host of adventure travel options. These tours are designed to combine a tour of Bhutan's cultural highlights with an adventure outdoor experience. All of these tours are flexible, and can be easily tailored to suit different skill levels.

White Water River Rafting

Spend 2 days rafting the outstanding Class II and IV rapids on the Po Chu and Mo Chu rivers east of Punakha. Amazing vegetation, wildlife and rural villages along the rafting route provide an inspiring accompaniment. Spring provides exhilarating rapids whilst winter waters are suitable for beginners.

Mountain Biking

Bhutan's mountainous terrain offers a breathtaking adventure for cycling enthusiasts. Routes take you through mixed forests, pastures, meadows and valleys dotted with medieval villages rich in culture.

Outdoor Adventure

Experience Bhutan's wondrous countryside with a combined tour of rafting, trekking, hiking and cycling. This tour is high-intensity and only suitable for the seasoned adventurer.

